

### What is Outdoors Adventures?

Outdoors Adventures is your one-stop outdoor adventure park for instructed activities such as Ziplines, Aerial Trekking, Archery, Paintball an much more.

## Who can go?

There is something for all ages at Outdoor Adventures. The minimum age is 7 years old, and there is no maximum age as long as you are adventurous enough. We cater for families, parties, groups and corporate events.

### What activities are available?

- Zipline (Tower)
- Aerial Trekking (Tower) 3 Levels
- Drop Zone (Tower)
- Giant Swing (Tower)
- Climbing Walls (Tower)
- Team Building
- Jacobs Ladder
- High All-Aboard
- Leap of Faith
- Paintball / Splatmaster (Kids Paintball)
- Archery
- Battlezone Archery

We also have Clay Pigeon and Rifle shooting packages available through Courtlough Shooting Grounds.

# When are you open?

April - November, Saturdays and Sundays 10am-5pm for independent bookings, and Monday - Friday for pre-booked events and groups.

December - March; closed.

#### Do I need to book in?

The best way to ensure your place on our activities is to book in advance online: www.courtlough.ie/adventures

For parties, large groups and corporate events please email events@courtlough.ie

### Do you have a pricelist?

Yes, please see our current price list, or visit: www.courtlough.ie/adventures

# Do you provide food?

We have an onsite cafe which is always open for refreshments. We have catered packages available for parties, large groups and corporate events, please email events@courtlough.ie for more information.

Allergies can be catered for when notified in advance.

#### What should I wear?

As we are outdoors, we ask you to dress for the weather! We suggest comfortable clothes and footwear, and a pair of gloves often come in handy.

### Are there any restrictions?

The minimum age is 7 years.

Height and weight restrictions apply.

Smoking on course is prohibited; we have designated smoking areas.

An instructor must be present at all times on course.

Please notify us of any health concerns you may have in advance; all participants must sign the Outdoor Adventures waiver before participating.

